

**DESIGN MY CAREER**

# **CAREERS IN THE OUTDOORS**

MY CAREER DISCOVERY AND EXPLORATION

## **TEACHER BOOKLET YEAR 7/8**

## MY CAREER DISCOVERY AND EXPLORATION YEAR 7/ 8 LESSON ONE

Name of lesson	Year 7/8, Lesson Plan 1
<b>Learning Intention:</b>	The lesson's purpose is for students to begin to develop awareness and connections between spending time outside and career opportunities that exist later in life.
<b>Learning Outcome:</b>	Students can identify their personal attributes and abilities. Students can begin to connect these attributes and abilities to career choices in the outdoors.
<b>Success Criteria:</b>	I reflect on my personal experiences I speak to the class on my findings within the activities I work in a group to discuss answers to the worksheets I look to the future of what job/career I would like to do when I am older
<b>Stages of the Career Curriculum Framework:</b>	There are six steps in a young person's acquisition of skills for career development. These form the structure of the framework. This lesson plan will focus on discovering and exploring.  I discover ( <a href="https://www.education.vic.gov.au/school/teachers/teachingresources/careers/carframe/Pages/yr7discover.aspx">https://www.education.vic.gov.au/school/teachers/teachingresources/careers/carframe/Pages/yr7discover.aspx</a> )  I explore ( <a href="https://www.education.vic.gov.au/school/teachers/teachingresources/careers/carframe/Pages/yr8explore.aspx">https://www.education.vic.gov.au/school/teachers/teachingresources/careers/carframe/Pages/yr8explore.aspx</a> )
<b>Mapping the Victorian Curriculum F -10:</b>	Examine the roles and responsibilities of participants in the changing Australian or global workplace (VCEBW026) Describe the nature and investigate the influences on the work environment (VCEBW017) Consider the ways in which work can contribute to individual and societal wellbeing (VCEBW016) Synthesise information from multiple sources and use lateral thinking techniques to draw parallels between known and new solutions and ideas when creating original proposals and artefacts (VCCCTQ034) Assess personal strengths using feedback from peers, teachers and others and prioritise areas for improvement (VCPSCSE035)
<b>Career education level (Careers Curriculum Framework):</b>	<b>Year 7</b> Year 7 students use a range of activities to discover their strengths and interests to develop a positive self-image that provides the foundation for optimistic pathway planning. They develop an awareness of the importance of social and interpersonal skills in their future life and work roles.  Students investigate the contribution of work to the community and family, recognising the role of paid and unpaid work. They focus on understanding issues relating to stereotyping and discrimination through the study of occupational and labour market information.  Students build their career action plan on the self-knowledge they have acquired through the activities they have undertaken.

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## MY CAREER DISCOVERY AND EXPLORATION – YEAR 7/ 8 LESSON ONE CONT.

<b>Name of lesson</b>	<b>Year 7/8, Lesson Plan 1</b>
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**Career education level (Careers Curriculum Framework):**

### **Year 8**

Students in year 8 explore the influence that a positive self-image and good learning habits have on occupational choice. They research a wide range of occupational profiles to examine the nature of the work, the personal attributes and skills necessary to perform the tasks, and the required entry-level education and training.

Students use their occupational knowledge to investigate a range of occupations that contribute to their community and develop an awareness of the opportunities available in their local area. Students apply their occupational knowledge to explore possible career options that may suit their educational and personal goals.

They revisit their annual career action plan and review their career and learning goals in line with their academic achievements. They adjust their plans to be more reflective of their in-school and out of school experiences, activities and interest to learn more about their potential.

<b>Assessment:</b>	Students complete the student activity booklet
<b>Prior knowledge / skills / concepts:</b>	None required
<b>Equipment &amp; resources required:</b>	Hardcopy handouts Sticky Notes Pen / pencil
<b>Lesson duration:</b>	1 Lesson Period

### **Lesson Description:**

#### **Activity One: Job description adjectives**

With this career exploration activity, kids write down their dream jobs in the outdoors on stickers and then place the adjectives on their clothes. Have the kids walk around the room and find others with similar adjectives. Have them paired up with kids with similar adjectives to discuss their dream jobs and what they like about them.

#### **Activity Two: Poster investigation**

- Within this activity, you are going to break students into six groups. Each group will be provided with a different outdoor career poster (either electronically or in hard copy).
- Students analyze the poster and discuss as a group what would a job within this career look like. They must answer the following questions
  - Summarize the career
  - What are the most important traits and values within this career?
  - Could you envisage yourself within this career? (Why / Why not)
- After a 5 – 10-minutes time, each group presents their summary back to the class.
- Throughout these presentations, explain to students they must pick one job to investigate further within the coming activities.
- Based on the presentations, students can fill in the worksheet titled Activity Two

#### **Activity Three: Group investigation**

Students will have chosen the career out of the six that interests them the most within the previous activity. Within this activity, students can be broken into groups relevant to their choice and as a group can fill in the worksheet titled Activity Three

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## MY CAREER DISCOVERY AND EXPLORATION – YEAR 7/ 8 LESSON ONE CONT.

Name of lesson

Year 7/8, Lesson Plan 1

### Activity Four: Individual revision

- Within the previous activity, students worked as a group on a specific career.
- Now that students have completed preliminary research as a group, they will work individually to fill out the following worksheet (tilted Activity Four) to discuss why they are interested in this and research the education requirements, skills, and traits/values needed within this career.

### Activity Five: Poster Creation

- Students collected in-depth research about their career of choice within the previous activities, which identified the skills, education, traits, and values. Have students create their own poster that shows their career choice from their perspective, encourage students to be as creative as possible in their design and presentation.
- Display the presentations around the classroom, invite parents to come in and learn about your student's dream career in the outdoors.

### Activity Six: Classroom discussion

Within the previous activity, students have begun the process of exploring a career in the outdoors, have a classroom discussion on what students may wish to do if they are interested in finding out further information if a career in the outdoors interests them

#### Teacher notes & advice:

This module presents a series of five activities to learn more about the career opportunities within the outdoor field. If you have any questions, please email [outdoorlearning@outdoorsvictoria.org.au](mailto:outdoorlearning@outdoorsvictoria.org.au), and we will be happy to help.

#### Teacher Advice from DET for Career Education in Year 7 and 8:

(Advice was taken directly from Career Education framework on [education.vic.gov.au](http://education.vic.gov.au) - when preparing to implement the framework, teachers must reflect on the following questions:

1. Do I have students from diverse backgrounds? If so, am I coordinating with their families, support agencies and their communities?
2. Do I have any Koorie students? If so, am I coordinating effectively with Koorie education support officers, Koorie transition officers, Koorie families and the Koorie community?
3. How do my own attitudes affect the way I assist students with their career goals/planning?
4. Do I have high enough expectations of all my students in relation to their career planning?

#### Parent/Carer participation:

Please encourage students to take their poster handout home and discuss it with their parents.

**ACTIVITY WORKSHEET PRINTOUTS ON THE FOLLOWING PAGES**

## ACTIVITY 2: CAREER POSTER INVESTIGATION

Use the information in the student presentations to write a brief description of each career in your own words, and if this career is of interest to you.

### Education:

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Does this career cluster interest you? \_\_\_\_\_

### Adventure Bush Therapy:

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Does this career cluster interest you? \_\_\_\_\_

### Outdoor & Recreation Provider:

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Does this career cluster interest you? \_\_\_\_\_

### Program Officer (Outdoor Camps):

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Does this career cluster interest you? \_\_\_\_\_

### Program Logistics & Team Leaders:

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Does this career cluster interest you? \_\_\_\_\_

### Paid Positions at State Activity Peaks, Clubs & Community Groups:

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Does this career cluster interest you? \_\_\_\_\_

## ACTIVITY 3: GROUP INVESTIGATION

In your own word and as a group, answer the following questions about the career you chose.

What career did you choose to explore?

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What does a person with this job do?

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Approximately, how much money would you make in this job?

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How many of these jobs are there currently available in Australia?

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What is the future for this job? Will it become more or less popular? Why?

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What other jobs are similar to this one?

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## ACTIVITY 4: INDIVIDUAL REVISION

Use the internet (and career resources), to research what kind of education requirements are required for the career you are interested in. Also try to find what type of skills, traits and values that you might need for that career.

Why did you choose this career?

I'm interested in a career as a

because

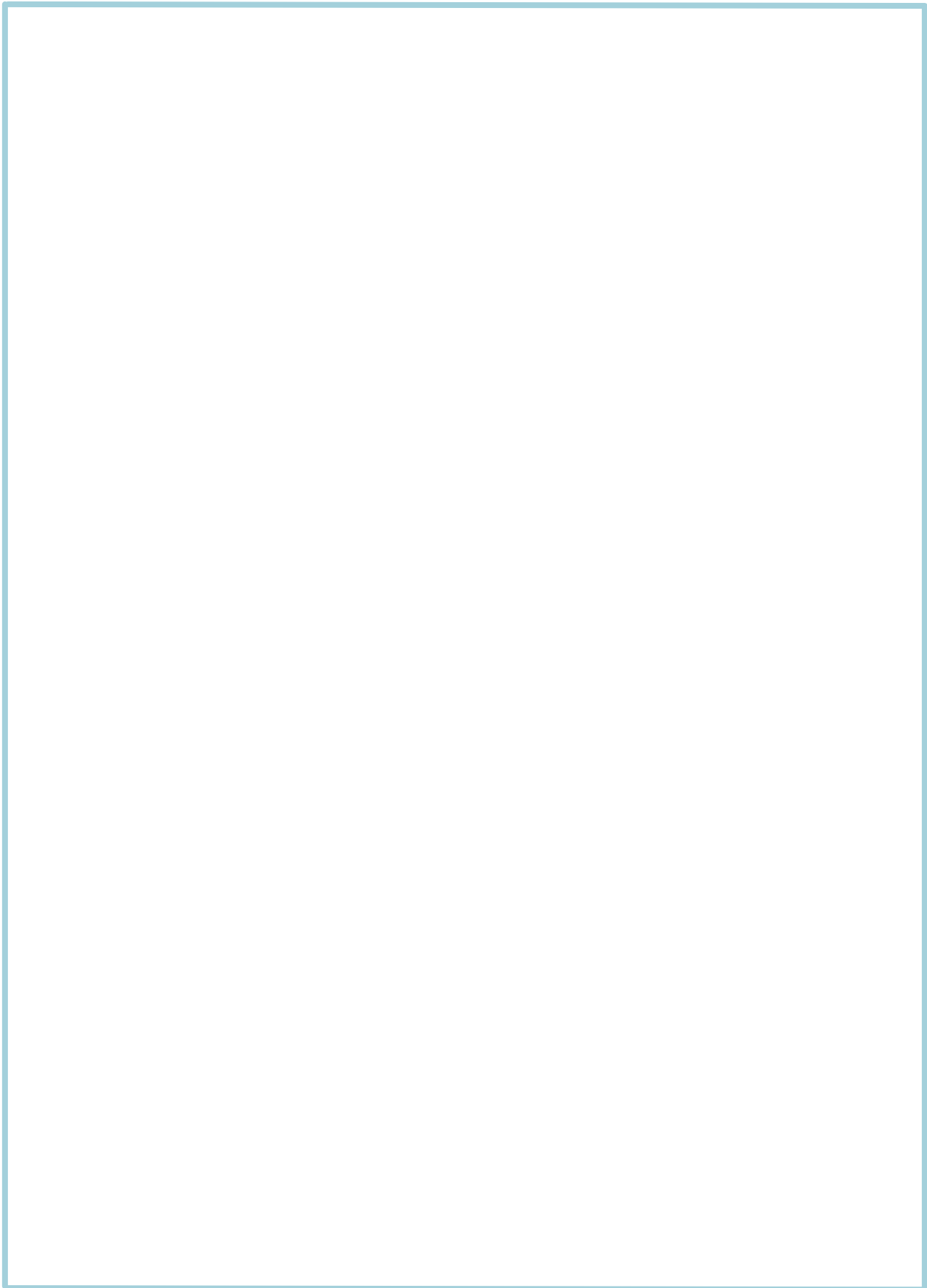
Education requirements for this career are

The skills that I would need are

What are the most important values & traits to have for this career? Do I have these?

## ACTIVITY 5: MY POSTER

Career title: \_\_\_\_\_





## ACTIVITY 6: MY PLAN

After your class discussion, reflect on your plan to find out further information about careers in the outdoors that interest you.

How will you continue to explore outdoor careers on your own?

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What goals have you set or yourself regarding your future career plan?

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Are there any questions you still have about outdoor careers that were not answered? How will you find the answers?

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