

BUSH ADVENTURE THERAPIST

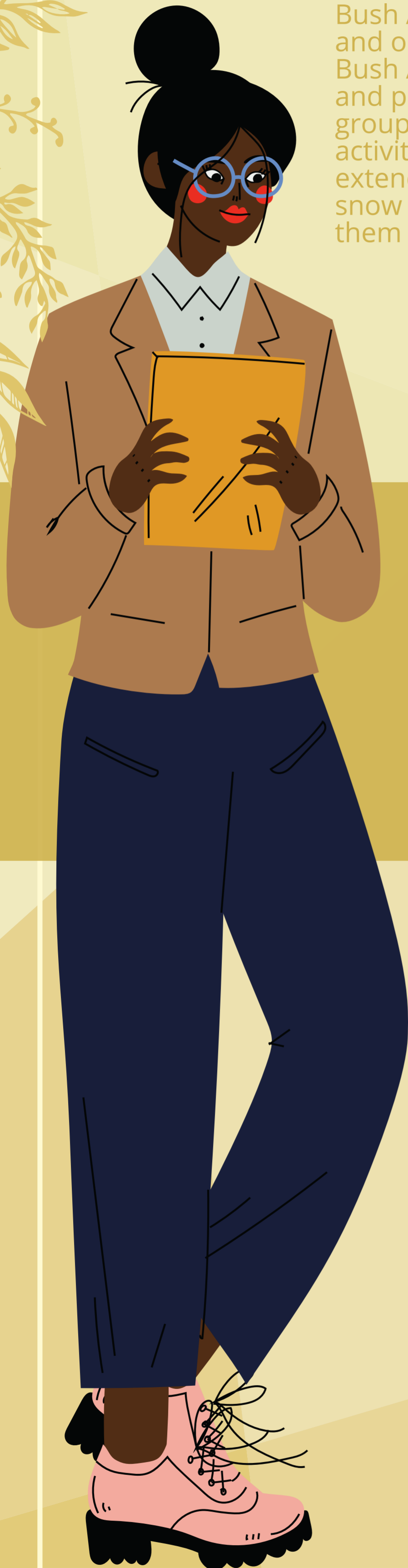
Overview:

Bush Adventure Therapy (BAT) is a diverse field of practice combining adventure and outdoor environments to achieve therapeutic outcomes for those involved. Bush Adventure Therapy provides individual counseling, therapeutic activities, and physical experiences in various outdoor settings. For example, you may lead groups on problem-solving activities, challenge courses, outdoor adventure activities (such as rock climbing, abseiling, rafting, caving, and bushwalking), or extended overnight expeditions that involve backpacking canoeing, ski-touring, or snow camping. These programs assist your clients in building motivation to allow them to increase their self-awareness and achieve positive change.

Job Outcomes:

Popular job titles in this job include:

- Wilderness Adventure Therapist
- Adventure Intervention Officer
- Bush Adventure Therapy Facilitator
- Director Therapist



A career fit for those who like to...



Spend time outdoors amongst nature



Build close relationships with others



Provide support and empathy to others



Scan here to find out what it's like to be a Bush Adventure Therapist



Learn more about this job and what it's like.



See what this job involves day-to-day



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at www.outdoorsvictoria.org.au/findyouroutdoors

Salary Range:

ENTRY LEVEL
\$50k - 70k

MID (10 yrs)
\$90k - 110k

EXP (20 yrs)
\$120k +

Qualification Pathways:

Study pathways to this job may include:-

Registered Training Providers (RTOs):

- Swift Water Rescue
- Wilderness First Aid
- Activity specific e.g. Climbing, Bushwalking, Paddling, etc.

TAFE:

- Certificate 4 in Outdoor Recreation
- Diploma of Outdoor Recreation
- Diploma of Youth work

Higher Education:

- Bachelor of Health Sciences
- Graduate study in Family Therapy and System Therapy
- Master of Public Health / Master of Social Work

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